Do you observe these behaviors with your children?

- Aggressive behaviors
- Anxiety about the safety of oneself or loved ones
- Isolation from friends
- Afraid of sounds and images
- Fear of being alone and abandoned
- Frequently crying or feeling sad
- Insomnia or nightmares
- Appetite problems
- Bedwetting
- Loss of interest in activities they once used to enjoy
- Continuously having problems in relations
- Hyperactivity and restlessness

What do we observe in children joining our programs?

- Problem solving skills
- Increased ability to recognize and express their feelings and needs
- Decreased impact of traumatic stress
- Establishing healthy social relations
- Increased school performance
- Developing positive attitudes and behaviors
- Increased ability to recognize and express their feelings and needs
- Increased school performance
- Developing positive attitudes and behaviors
- Increased ability to recognize and express their feelings and needs
- Increased school performance
- Developing positive attitudes and behaviors

Fener Mahallesi, Tevkii Cafer Mektebi Sokak, No:24 Balat, Fatih/İstanbul

Contact us:
Maya Vakfı Balat Child and Youth Center
(0212) 525 25 36

You can request information from our psychologist and child protection specialists, ask for support, and join our programs. If you would like to talk face-to-face, you can stop by our office. We are open every day between 10:00-18:00.

Maya Vakfı (FOUNDATION)

We believe that everyone has the right to live humanely and have a hope for the future. We contribute to mental, physical and academic development of children and youth between the ages of 5-18. We support them to realize their potential, express themselves freely, develop creative thinking and be productive.

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Individual Protection Support

As Maya Vakfı (Foundation) Child and Youth Center, we are providing protection services for children and adults as part of our Child Protection Program.

Accompaniment and Translation Support
Legal Information Support
Access to Health Support
Access to Education Support

Information Seminars

Awareness-Raising Sessions for Parents
We organize sessions in order to raise awareness about the risk factors that might have a negative impact on the safety and health of the children. During these sessions, we share the methods that could help you cope with the negative behaviors and attitudes of your children.

Informative Sessions
In addition to group activities targeting adults and focusing on informing them about the Turkish healthcare system, education system, personal hygiene, bullying and children's rights, we arrange group activities focusing on protection of the body, hygiene, privacy and children's rights with children.

Psychological Support for Children
We give support to your children and you regarding difficulties they have faced in the past or challenges they are experiencing in daily life.

Individual Therapy
We offer children individual psychological counseling.

Group Activities
We organize 10-weeks (totaling 20 hours) psycho-social group sessions for children. In these sessions, we use different methods such as music, art and dance. With this approach, we help children cope with negative feelings and challenges, develop positive attitudes and behaviors, create effective solutions for the problems they face in daily life, express their opinions and feelings, and help them build healthy relationships.