


How can we help you?

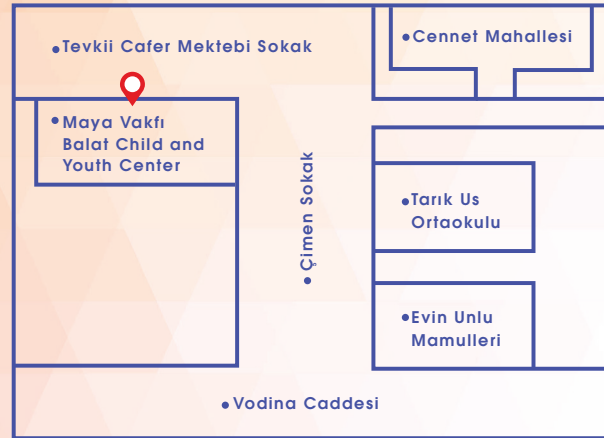
Contact us:

Maya Vakfı Balat Child and Youth Center

 (0212) 525 25 36

You can request information from our psychologist and child protection specialists, ask for support, and join our programs. If you would like to talk face-to-face, you can stop by our office.

We are open every day between **10:00-18:00**



Fener Mahallesi, Tevkii Cafer Mektebi Sokak, No:24 Balat, Fatih/İstanbul

MAYA VAKFI (FOUNDATION)

We believe that everyone has the right to live humanely and have a hope for the future. We contribute to mental, physical and academic development of children and youth between the ages of 5-18. We support them to realize their potential, express themselves freely, develop creative thinking and be productive.

    /mayavakfi | www.mayavakfi.org



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Do you observe these behaviors with your children?



Aggressive behaviors



Anxiety about the safety of oneself or loved ones



Isolation from friends



Afraid of sounds and images



Fear of being alone and abandoned



Frequently crying or feeling sad



Insomnia or nightmares



Appetite problems



Bedwetting



Loss of interest in activities they once used to enjoy



Continuously having problems in relations



Hyperactivity and restlessness

What do we observe in children joining our programs?



TOGETHER FOR THE BETTER



-  **Child Protection Support**
-  **Individual Therapy for Children**
-  **Group Activities for Children**
-  **Psychosocial Support Activities**

Individual Protection Support

As Maya Vakfi (Foundation) Child and Youth Center, we are providing protection services for children and adults as part of our Child Protection Program.

Accompaniment
and
Translation
Support

Legal
Information
Support

Access to
Health Support

Access to
Education
Support

Information Seminars

Awareness-Raising Sessions
for Parents

We organize sessions in order to raise awareness about the risk factors that might have a negative impact on the safety and health of the children. During these sessions, we share the methods that could help you cope with the negative behaviors and attitudes of your children.

Informative Sessions

In addition to group activities targeting adults and focusing on informing them about the Turkish healthcare system, education system, personal hygiene, bullying and childrens' rights, we arrange group activities focusing on protection of the body, hygiene, privacy and childrens' rights with children.

Psychological Support for Children

We give support to your children and you regarding difficulties they have faced in the past or challenges they are experiencing in daily life.



Individual Therapy

If children need more attention and support, we work with them on a one-on-one basis. Under the guidance and control of a clinical therapist, we offer children individual psychological counseling.



Group Activities

We organize 10-weeks (totaling 20 hours) psycho-social group sessions for children. In these sessions, we use different methods such as music, art and dance. With this approach, we help children cope with negative feelings and challenges, develop positive attitudes and behaviors, create effective solutions for the problems they face in daily life, express their opinions and feelings, and help them build healthy relationships.

